

Price: 12,00 €

Size: 22,5 x 29,5 cm

Pages: 64

Pub date: April 2014

Mes Psycho BD – 2 volumes published Débordée, moi ? Jamais ! Bye Bye les complexes

"MY PSYCHOLOGICAL COMICS" deal with the big and the small psychological questions in daily life. How to fight your hang-ups, tame your fears, keep stress at bay and preserve your relationship... these all are issues that we have to deal with on a daily basis. These topics are dealt with in a serious yet humorous tone, and they are backed by one or more specialists in the subject (such as psychiatrists or psychologists) who bring some advice and some answers to the readers' questions. A brand new approach to psychology, in the shape of a comic-book, to help you laugh it off and finally make your life easier!

Highlights:

- Topical issues dealt with humour and sensitivity
- Caution of experts (therapists, psychologists...)
- A self-help comic book!
- Much more entertaining and less expensive than an actual therapy!
- To take life more lightly!

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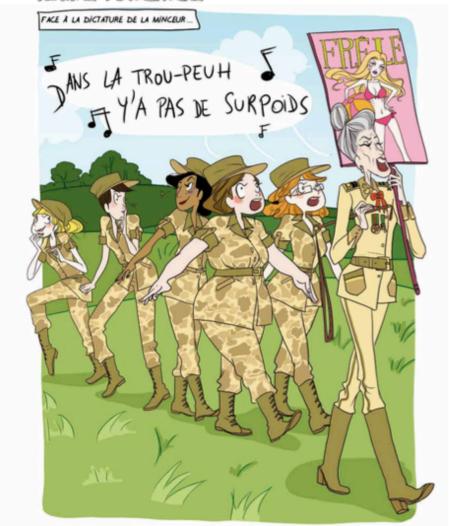






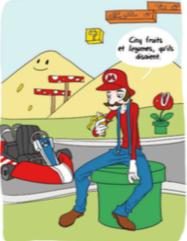
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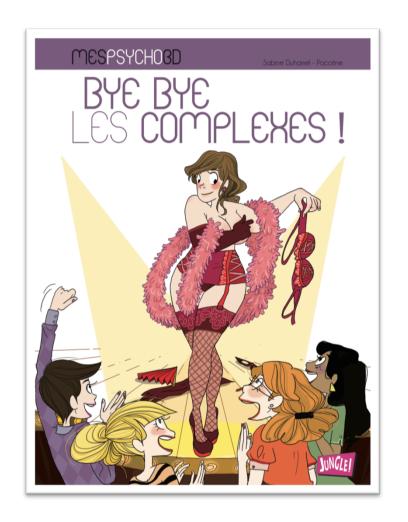




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Overbooked and stressed? Me? Never!!

By bye hang-ups!